

Bass

1 Octave Scales

K. Springer

C Major

2 0 1 2 0 1 -2 4 2 -1 0 2 1 0 2 2 1 0 -4 0 1 2

G Major

13

2 0 1 2 0 1 2 0 2 1 0 2 1 0 2 2 1 0 0 0 1 2

D Major

25

0 1 4 0 1 4 -1 4 1 -4 1 0 4 1 0 0 4 1 -4 -1 4 0

A Major

37

0 1 4 0 1 4 -1 2 -1 -4 1 0 4 1 0 0 4 1 1 1 -4 0

F Major

49

-1 4 0 -1 4 0 -1 2 1 0 -4 -1 0 -4 -1 -1 0 -4 -4 -4 0 -1

B-flat Major

61

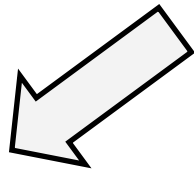
-1 -4 0 -1 -4 0 -1 2 1 0 -4 -1 0 -4 -1 -1 0 -2 2 0 -1

E-flat Major

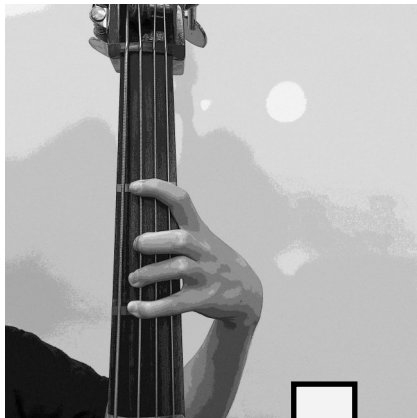
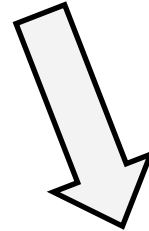
73

-1 -4 0 -1 -4 -1 -2 4 2 -1 -4 -1 0 -4 -1 -1 0 2 -4 -2 0 -1

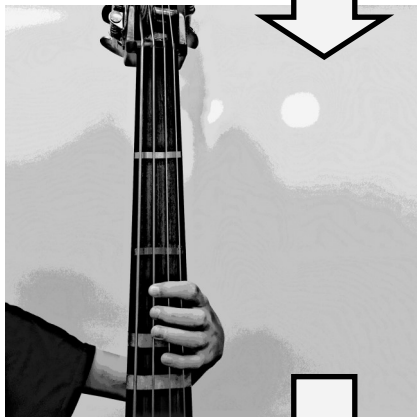
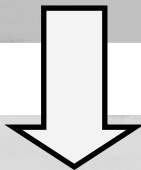
String Bass Finger Patterns For Schradieck



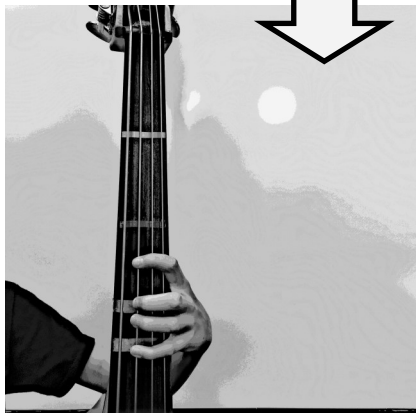
-1st Finger B



-4th Finger C#



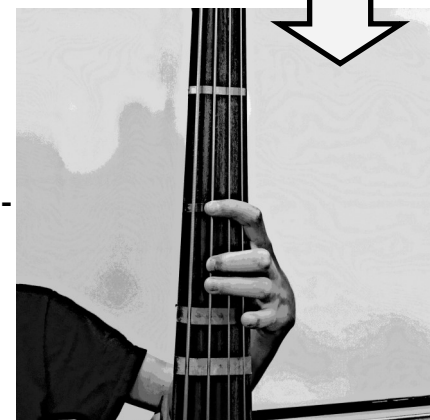
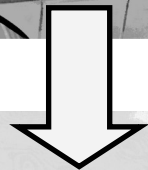
-2nd Finger D



-4th Finger E



1st Finger C#-



2nd Finger D-

D. Bass

Schradieck Finger Exercises Phase 1

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arr. Kaitlin Springer
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1

2

3

4

5

6

7

8

9

10

Shifting Practice for Violins & Violas



Shifting Practice for Cellos



2 Octave G Major Scale



*As you practice shifting and playing in the higher positions, make sure your left arm is in a good position so that all four fingers stay over the fingerboard.

*Make sure your left thumb is included while you are shifting into the next position-the thumb always travels *with* the hand.

*Listen out for the beginnings of each of your notes. Are you having to adjust the pitch? Make it a mission to think of aiming for the pitch-the only way you will hit the bullseye every time is if you practice aiming for it!