

F Major Scale and Arpeggio, 1 Octave Starting On Low Second Finger on the D String

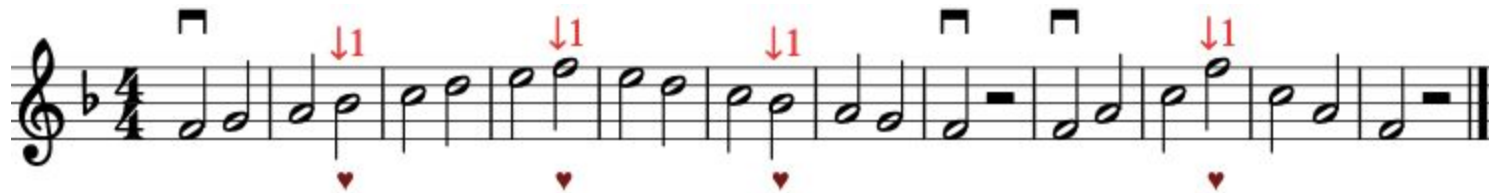
This handout can be paired with the video of the “F major 1 Octave, Starting on Second Finger on the D String”

Today's objectives:

- I can play a one octave F major scale and arpeggio starting on the low second finger on the D string.
- I can play B ♭ and F in tune using a low first finger (↓1).
- I can sing a F major scale using the musical alphabet and the F major key signature.

Pro tip today: Check and make sure you're extending your first finger towards the scroll without moving your other fingers.

Use a drone on F to play with since we're playing an F major scale. I will also turn on a metronome at 60 beats per minute. ♩ = 60

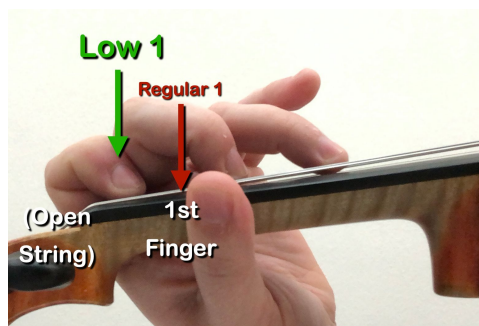


Let's play a 1 octave F major scale and arpeggio starting on the low second finger on the D string.

♥ Notes that need a little extra tender, love, and care ♥ B ♭ and F because they are “low 1’s” In the music we write a reminder for this as ↓1.

A “low 1” is when your first finger is between the open string and the regular 1. It is called “low” 1 because the closer your finger is to the scroll, the lower the pitch.

This is a ↓1



This is not a ↓1



B ♭ on the A string is ↓1

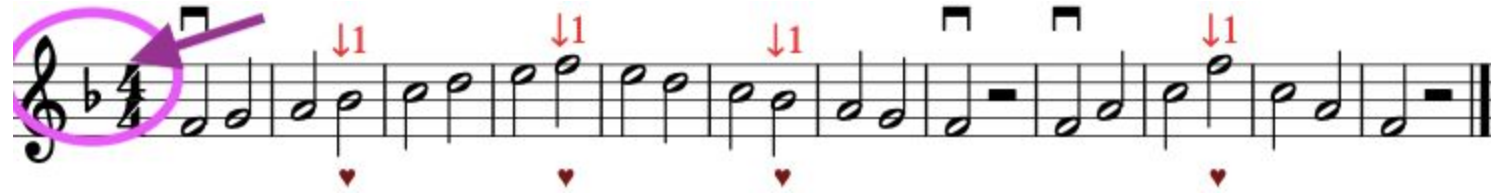
F on the E string is ↓1

Let's play our 1 octave F major scale and arpeggio again looking out for the ↓1's.

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Since we're building a F major scale, our first note is F, then G. Remember after G we always go back to A. So our note names would be **F G A B C D E F**.

But wait we're not done, let's check out our key signature first. The ♭ falls on the B line, that means our flat is **B ♭**.



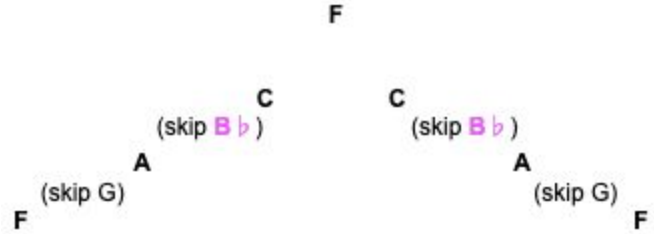
So the notes of the F major scale are **F G A B ♭ C D E F**

Let's use our notes names to sing the F major scale and arpeggio.

F Major Scale, 1 octave



F Major Arpeggio, 1 octave



Let's sing our 1 octave F major scale and arpeggio.

Let's play a 1 octave F major scale and arpeggio starting on the low second finger on the D string.

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