

Shifting Exercises

Understanding different positions-As we shift up and down the fingerboard, imagine that each note is like a step on a ladder. As we climb up the ladder, we climb into higher positions. In this example, when we place our 1st finger on F# instead of E, we are in 2nd position. When we place our 1st finger on G, we are in 3rd position. When we place our 1st finger on A, we are in 4th position.


*When you see the dash (-1) – that indicates a shift. To get from one position to the next, you will have to shift your whole hand into the new position.


Practice finding new positions. Play each note in first position, then replace that note with your first finger. Focus on matching the pitch and aiming deliberately. Keep your left hand form consistent-your whole hand should move as a unit (especially the thumb!)

Repeat each measure several times. Challenge yourself to get 3 great note matches in a row!

Climb the ladder-first play this series in 1st position, then try to make it sound exactly the same as you climb the positions with your first finger.

Practice keeping great hand frame as you play the notes in each position. Play each measure normally in 1st position before trying it in the new position so you know exactly what it will sound like.

 :This means that there is a whole step in between these notes. In this example of 3rd position, G to A is a whole step, A to B is a whole step, and B to C# is a whole step, so you're hand frame will have 3 whole steps in a row. Play this example in first position a few times because it has the trickiest intonation.

 :This means there is a half step in between these notes. In this example of 2nd position, F# to G is a half step, so you will use a low 2nd finger to play this series.

Viola

All County Scale Requirements

C Major

Measures 1-8 of the C Major scale in bass clef, 3/4 time. The scale is written as a single line of music with quarter notes.

G Major

9

Measures 9-16 of the G Major scale in bass clef, 3/4 time. The key signature changes to one sharp (F#). Fingerings are indicated above the notes: 1, 2, 3, 4, 1, 2, 3, 4, 3, 2, 1, 2, 3, 4, 3, 2, 1.

17

Measures 17-24 of the G Major scale in bass clef, 3/4 time. The key signature changes to two sharps (F#, C#). Fingerings are indicated above the notes: 2, 1, 4, 3, 2, -3, -1, 3, 1, 4, 3, 2, 1, 2, 3, 4, 3, 2, 1.

D Major

25

Measures 25-32 of the D Major scale in bass clef, 3/4 time. The key signature changes to two sharps (F#, C#). The scale is written as a single line of music with quarter notes.

A Major

33

Measures 33-40 of the A Major scale in bass clef, 3/4 time. The key signature changes to three sharps (F#, C#, G#). Fingerings are indicated above the notes: 3, -1, 2, 3, 4, 1, 2, 3, 4, 3, 2, 1.

41

Measures 41-48 of the A Major scale in bass clef, 3/4 time. The key signature changes to three sharps (F#, C#, G#). The scale is written as a single line of music with quarter notes. Fingerings are indicated above the notes: 2, 1, 4, 3, 2, 1, -3, -1, 3, 1, 4, 1, 3, 1, -1.

F Major

49

Measures 49-56 of the F Major scale in bass clef, 3/4 time. The key signature changes to one flat (Bb). Fingerings are indicated above the notes: 1, -1, 2, 3, 4, 1, 2, 3, 4, 3, 2, 1, 4, 3, 2, 1, -1.

57

B-flat Major

Musical notation for measures 57-64 in B-flat Major, bass clef. The key signature has two flats (B-flat and E-flat). The melody consists of eighth and quarter notes, with a double bar line at the end of measure 64.

65

Musical notation for measures 65-72 in B-flat Major, alternating treble and bass clefs. The key signature has two flats. Fingerings are indicated by numbers 1-4 and -1 above the notes. The piece ends with a double bar line at the end of measure 72.

73

E-flat Major

Musical notation for measures 73-78 in E-flat Major, bass clef. The key signature has three flats (B-flat, E-flat, and A-flat). The melody consists of eighth and quarter notes, ending with a double bar line at the end of measure 78.

79

Musical notation for measures 79-84 in E-flat Major, bass clef. The key signature has three flats. The melody consists of eighth and quarter notes, ending with a double bar line at the end of measure 84.

Viola

Schradieck Page 1

For String Orchestra

Kaitlin Springer

Edited by Victor Fernandez

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